# RESUSCITATION

## **DRSABCD RESPONSE**

#### DANGER

Check for hazards & ensure safety.

#### Infants Under 1 Year







#### **RESPONSE**

A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

#### **AIRWAY**

Open to check breathing.

### **BREATHING**

If the casualty is not breathing OR breathing abnormally, start CPR.

#### **CPR**

30 Compressions: 2 Breaths. (if unwilling or unable to do breaths, consider compressions only).

#### **DEFIBRILLATE**

As soon as available, follow the prompts.

### **SEND FOR HELP**

Call the ambulance - 000.

#### **Adults & Children**







# **Ensure Safety for Self and Others**

Call Triple Zero (000) for an Ambulance

#### **SIGNS & SYMPTOMS**

Unconscious, not responding, not breathing normally, or not breathing at all.

#### **CPR DETAILS**

	Children	Under 1 Year
Open Airway $\rightarrow$	Head tilt/chin lift	Neutral head
Press with? →	2 Hands	2 Fingers
How hard? →	1/3 chest depth approx 5 cm	1/3 chest depth approx 4 cm
Breath pressure? →	Full breaths	Puffs
How many? →	30 Compressions : 2 Breaths	
How fast? →	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit: www.resus.org.au

# **CONTINUE CPR / DEFIBRILLATION**

Until responsiveness or normal breathing returns, or help arrives.